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Books by G. Funakoshi (Funakoshi Gichin, November 10, 1868 April 26, 1957) is the founder of Shotokan Karate-Do, perhaps the most widely known style of karate, and is attributed as being the father of modern karate .

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Most of the book is given over to the original 15 kata of Shotokan, but basic techniques and kumite are also briefly covered. In addition, there are sections on the history, goals and development of karate. Interesting to compare the techniques and attitudes of the 1920's with those of today.

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